

Healthy Moms Healthy Babies

Helping a baby get a healthy start in life begins with having a healthy mother. Niagara Falls Memorial Medical Center offers a number of programs and services to promote good health for mothers and babies during and after pregnancy.

- **Wednesday OB Service:** Located on the third floor of the Mary C. Dyster Women's Pavilion, this service provides medically supervised obstetrical and prenatal care and counseling. On-site insurance enrollment. Open 1 to 5 p.m. Call 278-4444 for appointment.
- **High-Risk Prenatal Care:** In association with Sisters Hospital of Buffalo, we offer care for women with high-risk pregnancies at our maternal-fetal medicine service. This includes counseling and care for expectant mothers with diabetes and/or high blood pressure. Call 278-4747 for appointment.
- **Community Health Worker Program:** For all pregnant women and their family members regardless of their ability to pay. This program is especially helpful for teen-agers and women with limited incomes. We connect expecting moms with the medical, educational and social support services they need. Monthly home visits begin during pregnancy and continue throughout baby's first year of life. Call 278-4623 for information.
- **Labor and Delivery:** The Dyster Pavilion's Family Birthplace is a modern maternity unit featuring private homelike accommodations for labor, delivery and recovery with shower, rocking chair, bassinet and cable TV. Call 278-4123 to request a tour and meet our nursing staff.



Mary C. Dyster Women's Pavilion
NIAGARA FALLS MEMORIAL MEDICAL CENTER